Monday to Sunday
6am till 2.30pm

MENU

All menu items are
available for take away

ALL DAY

Sourdough Toast 12
white, olive, mixed grain, or
sour cherry walnut, Pepe Saya butter

Gluten Free Quinoa or Fruit Toast 13
Pepe Saya butter

SPREAD OPTIONS > vegemite,
farm jam, Majura honey, nutella,
peanut butter

House Made Banana Bread 9.5
fresh or toasted, butter

Summer Bircher (VG) 22
oats, oat milk, chia seeds, yoghurt,
honey, granola, fresh berries,
pistachio mascarpone

French Toast *(V) 26
milk loaf, cornflakes, dulce de leche,
biscoff sauce, oreo crumb, gelato,
coconut flakes, caramelised banana

Pistachio Hotcake 24
pistachio mascarpone, kiwi,
roasted pistachio, pistachio sauce

Urban Burger* 22
double smoked bacon, free range egg,
gruyere cheese, tomato relish, hash
brown, aioli, milk bun

Caprese*(V) 20
vine tomatoes, Meredith goat cheese,
torn basil, Fedra EVOO,
olive sourdough

ADD
free range egg 5
Ora King salmon gravlax 10 (a)

Urban Avocado*(V) 24
smashed avocado, chilli lime EVOO,
coriander, Meredith goat cheese,
sourdough

ADD
free range egg 5
double smoked bacon 8

Eggs Benedict* 25
free range eggs
w/ choice of double smoked bacon,
Tasmanian salmon, baby spinach
or smoked leg ham, tarragon
hollandaise, toasted English muffins

Urban Sausage Mac 21
house made pecorino sausage,
free range eggs, Jack cheese,
romesco, hash brown, English muffin

Potato Rosti (V)(GF) 24
romesco, dill yogurt, free range
eggs, pickled daikon, zucchini

ADD
Ora King salmon gravlax 10 (a)

Sicilian Baked Eggs*(V) 25
house made tomato sugo, free range
eggs, olives, gritted focaccia
ADD
house made pecorino sausage 8

Eggs Your Way 16
free range eggs poached,
scrambled or fried on
sourdough, Pepe Saya butter

SIDES

pepe saya butter 3

free range egg / hash brown 5

sautéed baby spinach / avocado 6

double smoked bacon / house made pecorino
sausage / slow poached chicken breast 8

roasted tomato / Meredith goat cheese
Cyprus halloumi 7

sautéed wild mushrooms / smoked
Tasmanian salmon 8

Ora King salmon gravlax (a) 10

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(I)imported (A)Australian
*dairy and gluten free available on request

U/p

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MENU

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Open Omelette (V) — 26
spanish jamón serrano, smashed avocado, melted provolone, parmigiano, vine tomatoes, sourdough

Chicken BLT Burger* — 28
crispy chicken breast, double smoked bacon, tomato, lettuce, yuzu aioli, milk bun, shoestring fries

Steak Sandwich* — 30
grilled rump steak, caramalised onion, gherkins, seeded aioli, salsa verde, gruyère, mesclun greens, focaccia, shoestring fries

Lamb Souvlaki (GF) — 30
marinated lamb, black olives, oregano, herb salad, fennel, Meredith goat cheese, tzatziki

Urban Poke (I)(GF) — 32
brown rice, pan seared Ora King salmon, ponzu dressing, soft boiled egg, pickled daikon, coriander

Squid Ink Pasta (I) — 32
spaghetti al nero di seppia, wild king prawns, urban umami cream, parmigiano

Salt and Pepper Calamari — 27
crispy calamari, aioli, fennel salad, house dressing

Fish (I) — 30
wild caught barramundi choice of pan seared or beer batter, mesclun salad, urban vinaigrette, shoestring fries

Pumpkin Salad (V) — 26
roasted pumpkin, heirloom tomatoes, cos lettuce, couscous, edamame beans, red onion, roasted cashews, urban vinaigrette
add
grilled halloumi 7

Caesar Salad — 25
baby gem Lettuce, double smoked bacon, pecorino emulsion,
soft poached egg, crouton,
ADD
stow poached chicken breast 8

SIDES

zucchini fritti, tzatziki (v) 16
shoestring fries, rosemary salt (v) 13

KIDS MENU

Kid Pancake — 18
organic maple and vanilla gelato

Crispy Chicken — 18
shoestring fries

Cheese Burger — 20
shoestring fries

Weekend - 10% surcharge applies.

Public holidays - 15% surcharge applies.

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DRINKS

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HOT BEVERAGES

COFFEE	CUP	MUG
Espresso	5	-
Long Black	5.5	6.5
Macchiato	5.5	-
Piccolo	5.5	-
Magic Show	6	
Cappuccino	5.5	6.5
Flat White	5.5	6.5
Latte	5.5	6.5
Mocha	6.5	7.5
Organic Chai Latte	5.5	6.5
Tumeric Latte	5.5	6.5
Matcha Latte	6.5	7.5
Infuse Chai	6.5	7.5
Papi Latte	7	8

BELGIAN HOT CHOCOLATE		
Milk	6	7
Dark	6	7
White	6	7
Top Deck	6	7
Chocolate Overdose	6	7

EXTRAS		
Ground Decaf	0.8	-
Double Shot	0.8	-
Coconut / Lactose Free / Bonsoy / Almond / Organic Oat / Macadamia	1	-
Flavouring vanilla, caramel, hazelnut	1	-

ORGANIC CRAFT TEA	7
English Breakfast / French Earl grey / Minty / Dragon Well Green / Chamomile / Silver Jasmine	

COLD DRINKS	
San Pellegrino Sparkling Water 500ml	9
Soft Drink coke, coke zero, sprite, lemon lime bitters	7
Peach Iced Tea	7.5
Silky black	10
Cold Brew	9
Iced Long Black, Iced Latte	9
Iced Chai, Iced Matcha	10
Mont Blanc	10
Papi Mont Blanc	10
Coconut Matcha	10
Coconut Cloud	10
Strawberry Matcha	12
Milkshakes vanilla, caramel, chocolate, strawberry, coffee, banana	10
Thickshakes vanilla, caramel, chocolate, strawberry, coffee, banana	12

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COLD BEVERAGES

COLD PRESSED JUICE

Aussie Sunshine navel oranges	9
Hold Your Horses green apple, kale, spinach, celery, cucumber, parsley	9
Down To Earth beetroot, carrot, ginger, lime, blackberries, mandarin	9
Garden Squeeze watermelon, strawberry, apple, lime	9

FRAPPES

Mocha nutella, espresso, dark choc, vanilla bean gelato	14
Mango Magic mango, passionfruit, mango nectar, coconut water	14
Refresher berries, mango, coconut water, passionfruit, mango nectar	14
Lemon Lime lemon sorbet, orange juice, coconut water, fresh lime, apple	14

SMOOTHIES
(add whey or vegan vanilla protein 4)

U.P & Go blueberries, banana, yoghurt, cinnamon and oats, Majura Valley honey	14
Green spinach, banana, mango, organic chia, almond milk, Majura Valley honey	14
Almond Butter almond butter, banana, dates, cacao, almond milk	14
Classic Banana banana, Majura Valley honey, vanilla bean gelato, cinnamon	14

WINE LIST

SPARKLING WINE

Tread Softly Prosecco 250ml	12

WHITE WINE	GL	BTL
Whispering Clouds Sauvignon Blanc Marlborough, New Zealand	11	44
Terre Forti Pinot Grigio Romagna, Italy	12	48
Nick O'Leary Riesling Canberra District	13	52

ROSÉ	GL	BTL
Paddington Lane Dry Rosé South Australia	13	52

RED WINE	GL	BTL
Barewinemakers Pinot Noir Adelaide Hills, South Australia	12	46
Ravensworth Sangiovese Canberra and Hilltops, New South Wales	14	58
First Drop Mothers Milk Shiraz Barossa Valley, South Australia	12	48

ZERO ALCOHOL	GL	BTL
Plus Minus Pinot Grigio South Australia	10	42

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