

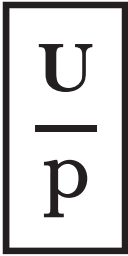


Menu

Monday to Sunday 6am till 2pm

All menu items available for take away

Summer Bircher (vg) steel cut oats, organic chia, mango, macadamia, organic coconut sugar	17	Urban Burger Pialligo bacon, fried egg, cheddar, relish, hash brown, milk bun	16
Eggs Benedict Majura Valley free range eggs on muffins choice of double smoked ham, Tasmanian smoked salmon, Pialligo bacon, baby spinach	19	Cheese Burger Riverina angus, jack cheese, tomato, pickled gherkins, ketchup, lettuce + chips	21
Urban Avocado smashed avo, poached egg, marinated goats feta, miche, seeds	18	Steak Sandwich grain fed Angus, caramelised onion, tomato, rocket, aioli + french fries	21
Buttermilk Pancake vanilla bean creme brulee, blueberry compote, toasted almonds, organic maple	17	Urban Pepper Steak Pie crispy pastry, grain fed beef, pink peppercorn, radicchio and pear salad + french fries	17
Majura Valley Eggs poached, scrambled or fried	11	Crisp Calamari (df) wild caught baby squid, baby fennel, citrus segments, kalamata olive, house made vinaigrette	21
SIDES		Salmon Nicoise (gf, df) green beans, house dried truss tomato, Tasman poached salmon, baby cos, kipfler potato, olive tapenade	24
Majura Valley free range egg, baby spinach, hash brown	4.5	Eggplant Parmigiana (v) grilled eggplant, truss tomato, zucchini, béchamel, sugo	17
avocado, sautéed mushroom, double smoked ham	5.5	Beetroot Salad (gf) goats cheese, quinoa, walnuts, baby spinach + honey buttermilk dressing	18
Pialligo bacon, Tasmanian smoked salmon, Meredith goats cheese	6		



Drinks

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COFFEE	CUP	MUG
Espresso	4	-
Macchiato	4	-
Ristretto	4	-
Piccolo	4	-
Cappuccino	4	5
Flat White	4	5
Latte	4	5
Long Black	4	5
Organic Chai Latte	5	6
EXTRAS		
Ground Decaf	0.5	-
Double Shot	0.5	-
Coconut / Lactose Free / Bonsoy / Almond / Organic Oat / Macadamia	1	-
Flavouring vanilla, caramel, hazelnut	1	-
BELGIAN HOT CHOCOLATE	CUP	MUG
Milk	4.5	5.5
Dark	4.5	5.5
White	4.5	5.5
Top Deck	4.5	5.5
Chocolate Overdose	4.5	5.5
COLD PRESSED JUICE		
Aussie Sunshine navel oranges		8
Hold Your Horses green apple, kale, spinach, celery, cucumber, parsley		8
Down To Earth beetroot, carrot, ginger, lime, blackberries, mandarin		8

ORGANIC OVVI TEA	
English Breakfast	5.5
Early Grey	5.5
Minty	5.5
Sencha Green	5.5
Chamomile	5.5
Ruby Heart Berry juniper berry, rosehip, hibiscus flower	5.5
Rise & Shine lemon myrtle, lemongrass, liquorice root, ginger root	5.5
Dandy Chai dandelion root, chicory root, ginger root, fennel seed, cinnamon, clove, cardamom + your choice of milk	5.5
SMOOTHIES (add vanilla protein 2)	
U.P. & Go blueberries, banana, yoghurt, cinnamon & oats, majura valley honey	10
Green spinach, banana, mango, organic chia, almond milk, majura valley honey	10
Almond Butter almond butter, banana, dates, cacao, almond milk	10
Classic Banana banana, majura valley honey, vanilla bean gelato, cinnamon	10
FRAPPES	
Mocha nutella, espresso, dark choc, vanilla bean gelato	9.5
Mango Magic mango, pineapple, passionfruit, mango nectar, coconut water	9.5
Refresher berries, mango, coconut water, passionfruit, mango nectar	9.5
Lemon & Lime lemon sorbet, orange juice, coconut water, fresh lime	9.5



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COLD DRINKS	
San Pellegrino Sparkling Water 500ml	8
Aqua Panna	7
Soft Drink coke, coke zero, sprite, lemon lime bitters	6
Iced Coffee, Chocolate or Mocha	8
Milkshakes vanilla, caramel, chocolate, strawberry, coffee	8
Thickshakes vanilla, caramel, chocolate, strawberry, coffee	9
FIZZERS	
Passionfruit	9
Lime	9
Beer	
CRAFT	
Capital XPA	9.5
Capital Coast Ale	9
CLASSICS	
Coroana	8.5
Peroni Nastro Azzurro	8.5
James Boags Light	7.5
Cocktails	
Mimosa prosecco, valencia orange	13
Bloody Mary grey goose vodka, tomato juice, celery	16
Aperol Spritz aperol, prosecco, navel orange	16
Espresso Martini grey goose vodka, kahlua, espresso	18
House Cocktail ask our friendly staff	16

Wine

SPARKLING	GLS	BTL
Tread Softly Prosecco Kotara, NSW	11	-
Bird In Hand Sparkling Pinot Noir Adelaide Hills, SA	-	48
ROSE	GLS	BTL
Tomfoolery 'Trouble & Strife' Rose Barossa Valley, SA	9	42
Domaine D'estienne Rose Provence, France	10.5	48
WHITE	GLS	BTL
Satellite Sauvignon Blanc Marlborough, NZ	9.5	44
Nick O'leary Riesling Canberra District, NSW	11	52
Chain Of Ponds 'Novello' Pinot Grigio Adelaide Hills, SA	9.5	44
Bourke Street Chardonnay Tumbarumba, NSW	10	46
RED	GLS	BTL
Crittenden 'Gepetto' Pinot Noir Mornington Peninsula, VIC	9.5	44
Ravensworth Sangiovese Canberra District, NSW	9	44
Youngblood Grenache Barossa Valley, SA	11	52
Nick O'leary Shiraz Canberra District, NSW	10.5	48

Sunday - 10% surcharge applies.

Public holidays - 15% surcharge applies.

At Urban Pantry we do not split bills - only 1 transaction and invoice per table. Prices are GST inclusive. Visa and Mastercard transactions incur a 1.1% surcharge. American Express and Diners Club transactions incur a 2.6% surcharge.