

### **Breakfast**

(Monday-Friday 6.30am to 11.30am / Saturday 6.30am to 3pm / Sunday 7am to 3pm) All menu items available for take away

| MORNING   |    |
|---|----|
| Toast  farmhouse sourdough, miche sourdough, raisin & walnut, Deeks quinoa or fruit & almond (gf)   | 9  |
| house made jam / Majura Valley honey /<br>vegemite / organic peanut butter  |    |
| Banana Bread cultured butter, vanilla mascarpone  | 10 |
| Summer Fruits (df, gf) coconut yoghurt panna cotta, watermelon, pineapple, mango, dragon fruit, honey macadamia granola                             | 21 |
| Buttermilk Pancakes * vanilla bean crème brûlée, blueberry compote, toasted almonds, organic maple  | 19 |
| Bircher (df) fresh seasonal berries, passionfruit, banana & peaches, organic steel cut oats, chia, goji berry, toasted seeds, organic coconut sugar | 19 |
| Corn Fritter (v) * sweet corn, spring onion & fresh herb fritter, creme fraiche, Virgin Mary romesco, poached egg                                   | 19 |
| + smoked Tasman salmon 5.5<br>+ Pialligo bacon 6  |    |
| Urban Avocado * smashed avocado, poached eggs, Persian feta, torn basil, sunflower seeds, miche sourdough + Pialligo bacon 6                        | 19 |
| YOUR OWN PANTRY * our favourite collection of open toast  |    |
| basket berries, basket ricotta,<br>candied walnuts, fruit and walnut toast  | 14 |
| assorted basket tomatoes, buffalo mozzarella, avocado, house dried chilli, EVOO   | 16 |
| croque monsieur, ham, gruyère,<br>fondue, brioche   | 14 |
| smoked Tasman salmon, labneh, roquette,<br>crispy capers, pickled onion   | 15 |

| Burger Pialligo bacon, fried egg, vintage cheddar, fresh tomato, baby spinach, potato rosti, house chilli jam, aioli                                   | 15  |
|--|-----|
| Omelette San Daniele prosciutto, Roma tomatoes, provolone, avocado, house dried chilli, farmhouse sourdough  | 19  |
| English Muffin Benedict choice of smoked Tasman salmon, honey glazed ham, baby spinach, potato rosti or Pialligo bacon                                 | 18  |
| Breakfast Wrap scrambled egg, crispy potato rosti, Italian sausage, baby spinach, chilli jam   | 19  |
| Chefs Pan (v)  Cyprian halloumi, barn laid poached egg, field mushroom, oven dried Roma tomato, baby spinach, quinoa pangrattato, asparagus, sourdough | 19  |
| + potato rosti 4.5   |     |
| Baked Sicilian Eggs San Marzano sugo, olives, roasted peppers, Persian feta, cannellini beans, grilled farmhouse sourdough, confit garlic              | 18  |
| + smoked Italian sausage 5.5   |     |
| Barn Laid Eggs Your Way<br>scrambled, poached or fried<br>on farmhouse sourdough   | 12  |
| SIDES*   |     |
| barn laid egg, baby spinach, potato rosti, field mushroom, slow roasted Roma tomato  | 4.5 |
| smoked Tasman salmon, avocado,<br>Cyprian halloumi, Italian sausage  | 5.5 |
| Pialligo bacon   | 6   |
|  |     |

(gf) gluten free (v) vegetarian (df) dairy free available on request  $% \left( \frac{1}{2}\right) =\frac{1}{2}\left( \frac{1}{2}\right) +\frac{1}{2}\left( \frac{1}{2}\right) +\frac{1}{2$ 

\* items available all day gluten free bread/pasta \$3 extra

#### Gift Vouchers Available

# $\frac{\mathbf{U}}{\mathbf{p}}$

## Lunch

(11:45 to 3pm)

All menu items available for take away

| MAINS   |    |
|---|----|
| Crisp Calamari (df) wild caught baby squid, baby fennel, citrus segments, kalamata olive, house made vinaigrette                            | 21 |
| Grilled Halloumi Cyprian halloumi, tomato medley, Roman artichoke, grilled zucchini, red quinoa, basil infused olive oil, tortilla crisps   | 24 |
| Free Range Chicken Skewer (gf, df) crisp heirloom slaw, green apple, toasted walnuts, seeded mustard dressing + extra skewer 7              | 23 |
| Salmon Nicoise (gf, df) green beans, house dried truss tomato, grilled Tasman salmon fillet, baby cos, crisp kipfler potato, olive tapenade | 24 |
| Chévre Gnocchi<br>Meredith Valley goats cheese dumpling,<br>basket tomato, broad beans, green peas,<br>baby fennel, shaved pecorino         | 27 |
| SIDES*  |    |
| french fries, aioli   | 10 |
| jalapeño croquettes, sea salt, smokey aioli   | 12 |
| polenta chips, gorgonzola fondue  | 14 |
| mixed leaf salad, french dressing (gf, df)  | 10 |
| zucchini chips, herbed yoghurt  | 12 |

Cakeage 2.50 per person.

Sunday - 10% surcharge applies. Public holidays - 15% surcharge applies.

At Urban Pantry we do not split bills - only 1 transaction and invoice per table. Prices are GST inclusive. Visa and Mastercard transactions incur a 1.1% surcharge. American Express and Diners Club transactions incur a 2.6% surcharge.

(gf) gluten free (v) vegetarian (df) dairy free available on request gluten free bread/pasta \$3 extra

| Cheeseburger ground Angus brisket, jack cheese, house pickled gherkin, oak lettuce, tomato, dijonnaise, jalapeño croquettes + extra patty 5 | 24 |
|---|----|
| Southern Fried Chicken Burger U.P. southern fried spiced buttermilk free range breast, iceberg lettuce, jalapeño mayo, sweet potato fries   | 24 |
| Club Sandwich grilled chicken, avocado, Pialligo bacon, double brie, lettuce, tomato, egg, brioche, french fries, aioli                     | 24 |
| Vego Burger house made black bean and chickpea patty, tomato, green oak lettuce, cheddar, smokey aioli and french fries                     | 24 |
| Fish 'n' Chips Peroni battered or grilled flat head, leafy greens, french fries, house tartare  | 25 |
| Chateaux Baguette grass fed Angus eye fillet, french fries, dolce gorgonzola, onion jam, house made truffle butter                          | 26 |
| Spaghettini Vongole Cloudy Bay vongole, spanner crab, garlic, chilli, basil, asparagus, prosecco  | 32 |
| FOR THE LITTLE ONES   |    |
| cheeseburger, fries   | 14 |
| quinoa crumbed free range chicken, fries  | 14 |
| battered or grilled fish, fries   | 14 |
| spaghettini pasta, Napoli sauce   | 14 |

### Gift Vouchers Available

Please ask one of our staff members